



31st WT Taekwondo for All Committee Meeting (via conference call)
May 1, 2025 | 16h00-17h00 (KST)

SUMMARY

Attendees: Ms. Hadwah Moawad (Chair), Sister Linda Sim (Vice Chair), Ms. Dana Touran (Member), Mr. John Cullen (Member), and Mr. Wooram Kim (Assistant Manager, MRD)

1. Establish Quorum

Four (4) members attended the meeting; thus, the quorum was established.

2. Approval of the Minutes

- *The minutes of the previous Committee meeting held on March 27, 2025, were approved by the Committee.*

3. Item

a. Message to IOC President

- *Since **Mr. Richard Barnor** was in Jordan and was not able to attend the meeting, it will be discussed in the next meeting.*

b. Review of the Athlete+ Program

- ***Ms. Hadwah Moawad** reviewed the purpose of the program. It is to inspire athletes to realize and utilize their full potential, provide essential knowledge and developmental tools and guide them toward sustainable roles within WT beyond competition.*
- *She continued that the program is structured around three core pillars: Taekwondo Identity, Self Development, and Opportunities. These are delivered through a blended format including recorded lectures, homework assignments, mentoring, and interactive live sessions.*
- *Under Taekwondo Identity, participants will be introduced to WT, the global sports landscape, and key frameworks such as those of the IOC and IPC. The module also encourages reflection on personal identity and the development of one's own philosophy.*
- *The Self Development component focuses on identifying individual strengths and areas for growth. Topics include sport psychology, leadership, emotional intelligence, and effective teamwork.*
- *The Opportunities segment explores career pathways within and beyond the sport, such as coaching, refereeing, and media, as well as business, humanitarian roles, and personal career planning. Participants will be encouraged to create their own personal roadmap for the future.*
- *She noted that a diverse and experienced group of lecturers is suggested to cover these topics, and mentorship will be a key element of the program, with mentors supporting participants throughout their learning journey.*
- *Members agreed and appreciated the detailed presentation and plans.*

4. Next Committee Meeting

- *The next meeting is scheduled for June 12.*

5. Closing of Meeting

- *The meeting was adjourned by the Chair.*